

July 2010

CARREY FRIEND

Isle of Man LGBT Switchboard

NEWS LETTER

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We are looking for new volunteers to do a number of things

Train as befrienders/counsellors (full training will be given)

Edit and compile this **Newsletter**

Co ordinate and run a **monthly LGBT** night, and, maybe annual events

Run other events, theatre, cinema and cultural visits, one off social; events. a drop in, youth group and an older persons group

Last month we had our **AGM** the **minutes** are enclosed with this newsletter

This month sees the start of two new initiatives, a **Walking Group** programme after the initial successful walk in early June and the **IOM Police LGBT Support Group**.

For **regular updates** please visit the **web site** which we are updating and read and post the **FORUMS**

Please **tell us what you want/need**, **spot errors** on the web site **let us know**. Funding is available for events. Let us know where you meet, if you organise activities let us know date, time, place or post it on the Forums

WHATS ON

Saturday 10th.July. at 14.45hr for 15.00hr . Port Grenaugh

The meeting point is at the end of the Port Grenaugh road by the beach. There is limited parking. Location is approximately five miles south of Douglas.

In order to avoid the Manx mosquitoes which are particularly vindictive at this time of year; we have decided to continue along the coastal footpath from Port Grenaugh to Santon Head returning via the myriad network of paths adjacent to the Arragon Estate.

For some reason; this part of the coastal footpath is frequently overlooked by walkers; possibly due to the fact that it is not linked to the overall system which would naturally continue to Port Soderick.

Nevertheless it offers some spectacular cliff top walking and the chance to see the visiting sea bird colonies before they depart for Arctic waters later in the year.

Sat.31st July. Port e Vullen; Maughold Head; Port Mooar.

Meeting point Kirk Maughold Church. There is adequate parking nearby. We will travel via road to join the Coastal Footpath at Port e Vullen; continue around Maughold Head, visiting the ancient site of St. Maugholds Well. Following the coastal path ,we will continue on to the small cove of Port Mooar; an ideal stop for refreshments; then back by road to Kirk Maughold.

Sat.21st. August .Eary Cushlin. Cronk ny Arrey Laa.

Meeting/Starting point is the car park on the Eary Cushlin Reserve. We will follow the footpath through the Kerroodhoo Plantation joining the coastal footpath near Niarbyl Bay. We will then proceed along

the coastal path to eventually reach the open moorland area surrounding Cronk ny Arrey Laa. Depending on the stamina of the group; and weather conditions, we will follow the ascent to the summit. ; returning via open moorland paths to the car park.

Sat.11th September.

Ballure Reservoir and ascent of North Barrule.

Meeting/Starting point is the car park immediately adjacent to the Ramsey Gooseneck on the Mountain Road approximately one mile South of Ramsey.

We will follow the track immediately South of the reservoir and then proceed over open moorland to the summit of North Barrule. This is a shorter route to the summit than the more usual path from the Mountain Box; but considerably steeper on the ascent!! However , the view from the summit makes the climb worthy of the effort. We will descend on the Southern side of the mountain to join the footpath leading to the Hibernian.

Following this path we will walk on to Ballure Plantation, the reservoir; and thence the starting point of the walk.

Meeting time for each event 14.45hr. for 15.00hr start

The group seem keen to continue over the coming months; so we may well plan a few more walks for later in the year. There is no upper or lower age limit. The only requirement is a good overall standard of fitness, as each walk carries a certain degree of difficulty which is unavoidable. We have no wish to call out the Emergency Services should anyone have difficulties en route!

A more comprehensive routing for each walk will be posted nearer to the time.

Bring packed refreshments. Remember to wear suitable clothing and stout shoes

Police Support Group Drop in

The Isle of Man Constabulary welcome you to the LGBT support group. The group has been created to offer help and support to the islands LGBT community. We are holding our first drop in at Danny's Bar, Peveril Square, Douglas on Wednesday 7th July 2010 between 6pm and 8pm. Further drop in sessions will be held on the first Wednesday of each month. Alternatively you can call us on the LGBT support line: 631300 and leave a message (in an emergency call 999) or contact us by email lgbt@gov.im. We look forward to seeing you there **Dates** August 4th, September 1st, October 6th, November 3rd, December 1st

CF Policy on harassment/homophobia and hate crime reporting

Don't forget there are alternative ways of contacting the police if you need.

CF can help

What to do if you are the victim of a hate/homophobic crime

1. Always report, ring 999 or 631300
2. Ask to report to the LGBT support Group. The direct line is 631300.If they are away from their 'phones leave a message or ring back. You can keep your anonymity. You do not have to say who you are if you do not want to. You will be treated with respect.
3. if it can wait report at the next LGBT police support group meeting as above
4. If you do not feel like contacting the police direct contact us, e-mail us or tel 611999 or 494640. We will arrange to report for you or with you. The Police will accept 3rd party reporting in these circumstances. You can still remain anonymous. You will be treated with respect by the Police and by us. Your identity will be protected.
5. We can arrange for someone to attend a police station with you. We can report on your behalf. We can help you give your statement. Again you will be respected by the Police and us,
6. Do not suffer in silence. Do not allow perpetrators of hate or homophobic crimes to get away with it.