

# Thrush

Thrush is an overgrowth of yeast, which causes vaginal itching, and soreness, often with a white discharge. It can occur after certain antibiotics; in diabetes; with rubbing on the vulva (such as tight trousers); or after sex. Some women are just prone to it without any obvious cause. It is possibly passed in sex between women, such as touching, fucking, sharing sex toys. Oral sex and rimming are low risk. Treatment for thrush is with cream, vaginal pessaries or tablets.

