

# If you are worried

If you are worried that you may have contracted the HIV virus, or any other STI, you can visit the Nobles Hospital Genito-Urinary Medicine (GUM) clinic, usually at a time convenient to yourself.

The GUM clinic has been re-structured and now has one full time dedicated health care professional and a back-up who are on duty at all times.

This dedicated department which opened in November 1999 is now located in the new hospital and is situated on the ground floor in the west wing. On entering the main reception, turn left onto the main corridor. Follow the signs marked "Genito-Urinary Medicine" from the main entrance all the way to the department.

The opening times for doctor led clinics are:

Monday 2 - 5pm

Tuesday 2 - 5pm

Tuesday 6 - 8pm (Appointment only)

Wednesday 2 - 5pm

Friday 2 - 5pm.

HIV testing is available Monday to Friday 9 -5pm. Mornings are usually better for this. Appointments are advisable.

Contact number:

(01624) 650710. Voicemail out of hours.

All calls remain extremely confidential and any messages left can only be accessed by the clinic staff.

They are extremely busy at the moment and in fact have a waiting list for appointments. They will always try to see anybody who 'drops in' if they have any symptoms and they are prepared to wait.

The service is led by a visiting consultant in Genito Urinary Medicine, Dr D Mandal who is based at the Manchester Centre for Sexual Health.

You are assured of a strictly confidential consultation, full infection screen, counselling (including pre HIV test counselling), treatment and health advice and promotion.

The staff who are working in this service are highly professional, non-judgmental, and fully trained in this speciality.

Counselling should always be offered before an HIV test, there may be issues you have not yet considered. You do not have to reveal your identity. The clinic are eager to make people aware that this type of confidential service exists on the Island, and you should no longer feel that you have to leave the Island for an HIV or any other type of test.

